

Physical Education Department Curriculum Statement

INTENT

The vision for the Physical Education curriculum at Wykham Park is to inspire and support all students in leading an active and healthy lifestyle through participation and challenge. We aim to prepare children practically and socially for a lifelong involvement in physical activity. From the beginning of their journey at Wykham Park we aim to teach pupils the importance of transferrable skills and core key values such as teamwork, respect, leadership, problem solving and resilience, which can be used across all other curriculum subjects. We believe that Physical Education can instil the belief in students that they can achieve, be self motivating as well as building communities and overcoming social barriers.

The Wykham Park PE curriculum aims to:

- *Ensure a broad and balanced curriculum coverage offering the opportunity to participate in a range of activities*
- *Develop a knowledge-rich curriculum. This ensures that all pupils have an understanding on the importance of an active lifestyle as well as understanding how the skills they are being taught can be transferred across activities and their broader future life skills.*
- *Ensure that knowledge and skill acquisition is enhanced through being applied to real-life situations*
- *Develop pupil's love of sport and physical activity*
- *Introduce pupils to new activities that they can develop a passion for*
- *Develop transferrable future skills such as leadership, teamwork, critical thinking and self evaluation.*
- *Ensure high rates of participation and progress for all students.*
- *Promote the academies core principles ensuring that each lesson sets high expectations, provides challenge and opportunity and develops each child's natural strengths.*
- *Provide opportunities for all pupils to take part in regular extra curricular activities and competitive school fixtures*

Rationale

The curriculum is designed to be sequenced and coherent from lesson to lesson and across the years. This allows our pupils to build confidence and familiarity with activities while learning progressively more challenging techniques and skills as they move from Year 7 through to Year 11. In Year 11 we allow pupils to follow an options pathway which lets them pursue the physical activities they are passionate about to allow maximum

engagement. Students will sit down at the start of the year and collaboratively produce their curriculum in line with the national curriculum. This builds vital future skills they can take with them in life but also gives them a sense of ownership within their learning in the subject. The sequencing of our curriculum also allows pupils to make meaningful and lasting connections so that over time they are able to build their knowledge and understand the more complex ideas and concepts presented to them within the subject.

Our core PE curriculum is taught practically with pupils covering a broad and balanced range of activities. These include Rugby, Handball, Aesthetic movements, Tchoukball, Football, Basketball, Athletics, Tennis, Cricket, Netball, Hockey, Health Related Fitness, Gymnastics, Outdoor adventure, Badminton and Rounders. These sports correspond directly with the district sporting events and fixtures so we are able to offer pupils the opportunity to represent the school and refine their knowledge and skills in a competitive sporting environment.

The curriculum is designed to equip students with the teamwork, leadership and problem solving skills needed across all subject areas. We believe this cross curricular link is a vital part of every child's development and helps them transfer their learning across a broad range of subjects and take these skills with them in later life.

Physical activity leadership opportunities are provided throughout a pupil's time at Wykham Park and our young leaders programme is something we are immensely proud of. Pupils across years 7-10 regularly run and deliver a range of sporting festivals to our local primary schools.

Outside of core PE lessons, we aim to offer an extensive extra curricular programme during lunch and after school for pupils to engage in and find their passion. Inclusivity is one of our driving values in the PE department and we actively this across our school representative teams. Our drive is providing opportunity and we love seeing this in action with pupils achieving things they didn't think they could or making new friends at a club. Working alongside the student and sports council we are always looking to extend our programme of clubs and provide new activities upon request.

Socially pupils are also encouraged to develop their leadership, evaluation and officiating skills. Each unit of work at KS3 involves learning the skills and techniques required to lead a warm up and officiate in the activity. We have sequenced the lessons in this way as it links directly to our KS4 Sport Education unit, KS4 Sports Studies GCSE option and the KS5 Level 3 Sport and Physical Activity course we offer post 16.

Throughout years 7 – 13 we empower our students to reach high standards regardless of prior attainment, we explicitly teach Tier 2 and Tier 3 language both written and verbally to support our core practical and theory PE.

ADAPTIVE TEACHING

We believe no pupil should be disadvantaged or unable to access our PE curriculum at Wykham Park. As a result we have a variety of ways to combat these barriers and be as inclusive as possible. Every lesson is adapted to suit the different needs of our pupils. We believe in the STEP principles within our subject and all our teaching staff will look to alter the Space, Task, Equipment or People as a way of making every activity or practice accessible to all pupils.

We overcome social disadvantage by ensuring that all materials are accessible to students – using Google Classroom etc. We also ensure that PE specific equipment such as uniform and shin pads are provided for underprivileged students. Extracurricular opportunities are available to all students and run both within the school day and after the normal school hours. We also offer subsidised school trips to ensure that all pupils have the same access and opportunity to develop their cultural capital

COVID IMPACT

We understand the impact that Covid has had on our pupils and as a result have been working on identifying the gaps in their learning. In order to combat some of the lost learning we have introduced a new Fundamental Skills unit to our Year 7 curriculum offering. This has allowed all pupils to reconnect with the basic transferable movements that many of them are still developing. These movements include Jumping, Throwing, Running and Catching and form the foundations skills to transfer to all activities. Swimming was also another activity many of our young pupils have missed out on due to Covid and working with the Oxfordshire School Sports Team we now offer a group of pupils each term the opportunity to develop their Swimming at the local leisure centre. Another big loss due to Covid was the impact it had on competitive sports. This meant that many of our pupils were not able to develop their skills learnt in lessons and put them into a competitive environment. We have overcome this by introducing a new college sport competition in the Summer term where pupils will be able to represent their college and compete within the school. We have also had a full academic year of district competitions in a range of sports including Rugby, Football, Athletics, Rounders, Netball and Hockey.