

Physical Education Department Curriculum Statement

The vision for the Physical Education curriculum at Wykham Park is to engage students in sport and physical activity through participation and challenge. We aim to prepare children practically and socially for a lifelong involvement in physical activity. Physical Education develops transferable skills such as teamwork, leadership, problem solving and resilience which can be used across all other curriculum subjects. We believe that Physical Education can instil the belief in students that they can achieve, be self motivating as well as building communities and overcoming social barriers.

The Wykham Park PE curriculum aims to:

- *Ensure a broad and balanced curriculum coverage offering the opportunity to participate in a range of activities*
- *Develop a knowledge-rich curriculum ensuring all pupils have an understanding on the importance of an active lifestyle*
- *Ensure that knowledge and skill acquisition is enhanced through being applied to real-life situations*
- *Ensure that all learning is challenging and engaging*
- *Develop transferrable future skills such as leadership, teamwork, critical thinking and self evaluation.*
- *Ensure high rates of participation and progress for all students.*
- *Promote the academies core principles ensuring that each lesson sets high expectations, provides challenge and opportunity and develops each child's natural strengths.*
- *Provide opportunities for all pupils to take part in regular extra curricular activities and competitive school fixtures*

Our curriculum at Wykham Park creates opportunities for students to experience Dance in KS3 alongside a wide variety of sports, which aims to help pupils build active habits and understand the importance of maintaining a healthy lifestyle through adulthood. We have 3 main focus' within our units of work.

1. Developing skill acquisition – This is done through clear modelling of specific skills/concepts and with high-quality teacher instruction.
2. Developing an understanding of tactics and strategies – We do this through regular competitive opportunities within the lesson and pupils are encouraged to reflect on their learning.
3. Increase problem solving skills – This is done through both team and individual challenges within each lesson. Pupils are encouraged to use errors as a learning

opportunity with the aim of building resilience.

The curriculum is designed to be sequenced and coherent from lesson to lesson and across the years. Within KS3 Dance and practical PE, students gain an understanding of how to control body movements as well as developing a variety of motor skills, which is continued throughout KS4. Socially pupils are encouraged to develop their leadership and officiating skills, which then links to form part of our Sport Education Model unit in KS4. This is taught throughout the practical PE units to maintain engagement and build on prior knowledge of rules. Theoretical knowledge such as evaluation skills are embedded within the Dance and practical PE where students are encouraged to regularly reflect on their performance or learning in order to overcome a challenge or help their peers to further improve their skills and abilities.

PE at Wykham Park for KS3 and KS4 provides a broad range of sports for students to experience. The curriculum is taught practically with pupils covering Rugby, Handball, Dance, Tchoukball, Football, Basketball, Athletics, Tennis Cricket, Netball, Hockey, Health Related Fitness, Badminton and Rounders. These sports correspond directly with the district sporting events and fixtures. The curriculum equips students with the teamwork, leadership and problem solving skills needed across all subject areas. Evaluation skills and self/peer assessment are also embedded within the curriculum lessons, which are then transferable into other curriculum subjects. Outside of lessons, pupils are also offered the opportunity to take part in our extensive extra-curricular programme, which also includes Table Tennis, Softball, Tennis and Dodgeball. We also run inter college competitive sport which allows pupils to compete with their peers and encourages a community feel within the school colleges.

Theoretical knowledge such as evaluation skills and leadership are embedded within practical PE where students are taught to identify strengths and weaknesses of their own and others performances in order to critically evaluate their performances and further improve their skills and abilities. This aims to link our KS3 curriculum with our KS4 Cambridge National qualification in Sports Studies.

At GCSE level, students apply their understanding to the OCR Cambridge National Sports Studies course and cover four units, Developing Sports Skills, Sports Leadership, Sport in the Media and Contemporary Issues in Sport (Exam Unit). The exam unit is taught and assessed within year 10 whereas the coursework units are taught in sequence across the two years. There are opportunities for practical elements across the course to be taught through practical PE. Students will become experts at evaluating their own and others performances. Knowledge organisers in KS3 are further developed at GCSE level for students to be able to apply officiating skills both in practical and theory in order to reach higher grade boundaries.

We are going to overcome social disadvantage by ensuring that all materials are accessible to all students – using Google Classroom etc. We will also ensure that PE specific equipment such as gum shields and shin pads are provided for underprivileged students. Extracurricular opportunities are available to all students and run both within the school day and after the normal school hours.