



Newsletter Autumn 2019

Over the Autumn Terms, the focus of learning in our partner schools has been about Healthy Living and Substance Misuse. The curriculum has been updated and teaching staff benefitted from additional training provided by the Health Service and Police and will be participating in further training provided by Aquarius (specialists in Substance Misuse and awareness); the council were very kind in providing the training venue for us.

It is very important that we educate our children from a young age about keeping themselves safe in the home as well as the local community. The curriculum has been tailor made to be age appropriate for the children and with each year, their knowledge will increase and the subject matters change.

Some of you may have seen the documentary about Child Drug Exploitation in Oxfordshire (Britain's Child Drug Runners—Channel 4), we will be covering Exploitation in all its guises in the Summer Terms, but it is important that this subject is discussed at home as well as at school.

If you would like guidance and information on the subject matters we cover, please take a look at our website <https://scib.info/> or speak to a member of staff at school.

Here are some examples of the work that has been covered this autumn:

Orchard Fields our Year 2 learned about medicines and harmful substances in the home. Children learned about harmful household substances, like cleaning products and also about the safety of medicines and who should/should not administer them. Year 1 made 'Helping Hands'.

Queensway Our Years 3 & 6 produced bookmarks on healthy living and substance misuse.

St Mary's have produced some fantastic displays at school, centred on Healthy Living and Substance Misuse. We also produced work on children recognising their own warning signs, identifying their 'safe' people and looking at their own emotional well-being.

STOP-FEEL-THINK-DO

Helping Hand

The trusted adults on my hand are;

- Alive
- Contactable
- People I trust to help me
- Grown ups
- People I am confident to talk to

Thursday 14th November
M.L.T. Identify early warning signs

SciB

Early Warning Signs
Think about all the ways your body might tell you something is not safe. Draw them on the body.

Which feelings did you not circle?

These may give you early warning signs.

What does this feel like in your body?

Thursday 17th November 2016
M.L.T. Review the key information about meningitis and common early warning signs

Meningitis code

What does the group learn about Meningitis code? Is a codeless meningitis group where someone from a school. You use this in a school when you're ill.

What does the code stand for? Since the 2016 meningitis outbreak it's been illegal to supply Meningitis but some businesses use it to make people catch.

How people who get affected by it? You can develop a meningitis code but it's not. Symptoms: high fever, extreme sweating, headache and dizziness.

Do you have any questions about the code? I want to know who decides use it to calm patients. Are there any buses, left admissions to meningitis?

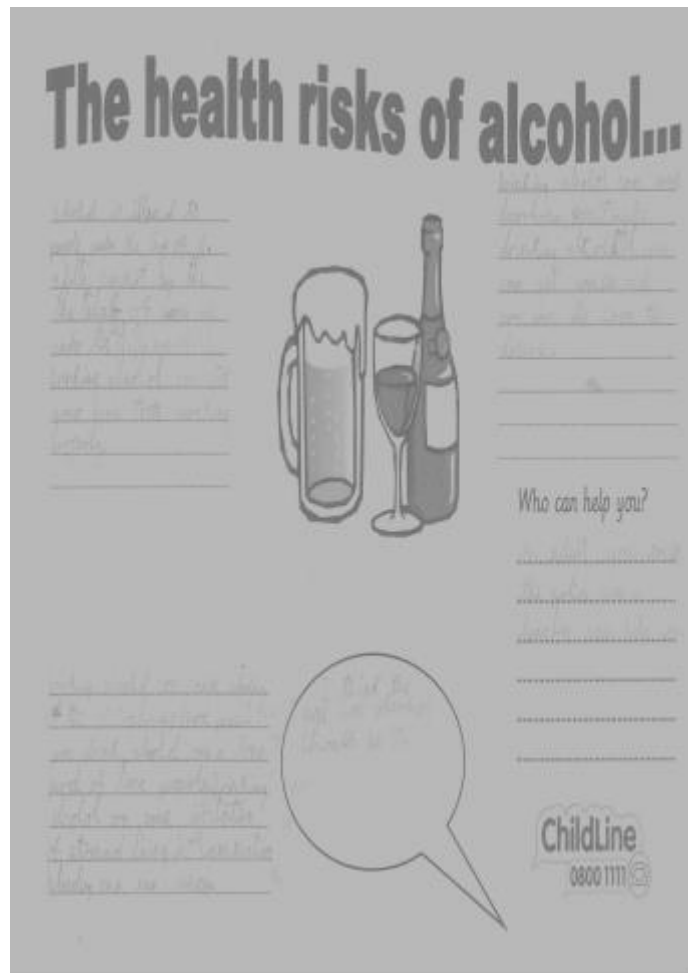
Is it known by other names? No, balloons, whistles, laughing gas, happy 2, code, laughing gas, whistles.

What does it mean people feel? Meningitis code can make people feel relaxed, happy or giggling but it could make you dizzy.

What are the risks involved with using it? Meningitis can cause Nausea, vomiting, dizziness and in some scenarios, hallucinations, brain damage and hyponia.

Why might people take off their meningitis code? People might take off their meningitis code because they are not prepared to or do so because they are stressed.





Our next focus is about Online Safety.

If you are affected by any of the issues that your children have been learning about or have any questions, please remember to have a look at our website <https://scib.info/>, speak to a member of staff at school or contact a health professional.

